



PENSIONERS' RAIL SAMPARK

QUARTERLY BULLETIN OF

RAILWAY SENIOR CITIZENS WELFARE SOCIETY (RSCWS)

**DEDICATED TO
THE CAUSE OF
PENSIONERS
SINCE 1991**

Estd. 1991, Regd. No. 1881 – Under Registration of Societies Act)

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Website: www.rscws.com Quarterly Journal: "Pensioners' Rail Sampark"

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JULY-SEPTEMBER, 2021

FOR FREE CIRCULATION TO MEMBERS RSCWS

NEWS IN BRIEF

- 1, Date for filing ITR (Income Tax Return) for AY 2021-22 extended to 31st December, 2021 for individuals.
2. Three Instalments of DA / DR , as due from 1-1-2020, 1-7-2020 & 1-1-2021, released & payment made from July, 2021 raising the net DA / DR from 17% to 28% without arrears from 1-1-2020 to 30-6-2021.
3. One Instalment of 3% DA / DR from 1-7-2021 to be released soon & may be paid with arrears.
4. Selected Post Offices & Postmen nominated to register DLCs (Digital Live Certificates) of Senior Citizen Pensioners at their home or at the nominated Post Office (Please see details on Page 3)/
5. DOP&PW advises Links to new Apps for Mobile to record Digital Life Certificate on line after getting it registered through DOP&PW. (See Page 3 for the letter of DOP&PW)
6. RSCWS gets its new App Link Registered for Recording DLC. Shri RK Datta Joint Secretary RSCWS has got the new App Registered for DLC on his Mobile.
- 7, Pensioners & Family Pensioners may contact Sh. RK Datta (Mob No: 9417502030) to get DLC Registered.
8. Ambala Division holds 1 day's UMID Camp each at Chandigarh and at 3 other stations to get left out employees & pensioners Registered for UMID cards and for filing of PPO related grievances of Pensioners, as directed by the GM(P)/NR. Nearly 65 % Pensioners are still left from Registering for UMID (Unique Medical Identity) Card. RSCWS has urged the DRM Ambala to hold more UMID Camps & Counters for it.

MEMBERS OF RSCWS ALONG WITH THEIR SPOUSE & OTHER RAILWAY PENSIONERS ARE CORDIALLY INVITED TO ATTEND THE ANNUAL GENERAL BODY MEETING OF RSCWS & MEDICAL SEMINAR ON "HEART DISEASE IN OLD AGE"

BY DR. DEVENDER BISHT, SENIOR CARDIOLOGIST, AYU HEALTH HOSPITALS TO BE HELD ON SATURDAY, 23RD OCTOBER, 2021 FROM 10-30 AM TO 1 PM AT GOVT. MUSEUM & ART GALLERY AUDITORIUM, SECTOR 10, CHANDIGARH (MEMBERS ARE REQUESTED TO REACH IN-TIME)

PLEASE JOIN US FOR LUNCH AFTER THE MEETING .

MEMBERS WHO HAVE CROSSED 80 & 90 YEARS OF AGE WILL BE HONOURED &

THOSE WHO HAVE CROSSED 65 YEARS SINCE LAST AGM IN APRIL, 2019, WILL BE WELCOMED

AGENDA: 1. ADDRESS BY THE CHAIRMAN 2. ADDRESS BY THE PRESIDENT; 3. REPORT BY THE SECRETARY GENERAL; 4. STATEMENT OF ACCOUNTS FOR FY 2020-21; 5. CONFIRMATION OF MINUTES OF LAST VGBM

6. BIENNIAL ELECTIONS OF EXECUTIVE COMMITTEE; 7. HONOURING OF MEMBERS;

8. ANY OTHER POINT WITH THE PERMISSION OF THE CHAIR.

MEMBERS ARE REQUESTED TO OBSERVE COVID PROTOCOL: WEAR MASK & MAINTAIN SOCIAL DISTANCE

President & Secretary General, RSCWS

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LIST OF PVT HOSPITALS EMPANELLED BY RAILWAYS IN CHANDIGARH, MOHALI & PANCHKULA AS ON 27-9-2021

- FOR CASHLESS TREATMENT OF RAILWAY MEDICAL BENEFICIARIES (EMPLOYEES & RELHS OPTTEES)
ON REFERRAL BY CMS NR UMB OR IN EMERGENCY ON APPROVAL OF CMS WITHIN 24 HOURS

Sl.No.	Hospital Name	Contract up to	Contact No.
1.	Ivy Super Specialty Hospital Sector 71, Mohali	15-12- 2021	9988823456 (Abhishek: 8699999914)
2.	Indus Super Specialty Hospital, Opp.old D.C. Office, Phase 1, Mohali	07-07-2022	0172- 5044945
3.	Sri Guru Harkishan Sahib Eye Institute & multispecialty Hospital, Sohana, Sector 77, SAS Nagar, Mohali	10-07-2022	0172-2295000
4.	Mukat Hospital & Heart Institute, Sector 34-C, Chandigarh	15-10-2021	9872048149
5.	Grecian Super Specialty Hospital, Sec. 69, Mohali	26-08-2022	9899649020
6.	MAX Super Specialty Hospital, Phase6, Mohali	18-02-2022	0172-6652000
7.	Amar Hospital Multi-Speciality Heart Centre, Sector, 70, Mohali	12-03-2022	0172-5037683
8.	Drishti Eye Hospital, Sector10, Panchkula	13-12-2022	0172-2571572 98033-33344
9.	Eden Critical Care Hospital CDG (near Elante Mall) Industrial Area-1, CDG	06-08-2022	7528977408
Lab	Spiral CT & MRI Sector 44, CDG	20-12-2021	0172 4064555 9814252733
Lab.	Atulaya Health Care SCO 112-113, Sector 8 C, CDG	15-01-2022	0172 4558888 9779599499

ENTITLEMENT OF WARDS (as per 7th CPC Pay): General Ward: Up to Rs.47600; Semi-Private Ward: Rs.47601 to 63100; Private Ward: 63101 & above

HOSPITALS EMPANELLED WITH RSCWS IN THE TRI-CITY

- FOR TREATMENT AT CGHS RATES IN OPD, IPD & DIAGNOSTICS, FOR RSCWS MEMBERS
- ON PRODUCTION OF MEMBERSHIP CARD OF RAILWAY SENIOR CITIZENS WELFARE SOCIETY (RSCWS)

Sl. No.	Name of Hospital	EMPANELLED FOR THE SPECIALITIES	Contact No
1.	FORTIS MULTI-SPECIALITY HOSPITAL, SECTOR -62, PHASE -VIII, MOHALI	All available Specialities	172-5021222 9872170582 (Dr. Ajinder S.)
2.	IVY MULTI-SPECIALITY HOSPITAL, SECTOR-71, MOHALI	All available Specialities	0172-7170000, (Abhishek: 8699999914)
3.	MUKAT MULTI-SPECIALITY HOSPITAL, SECTOR 34 A, CHD	All available Specialities	0172-4344444 9872048149
4	EDEN CRITICAL CARE HOSPITAL Industrial Area 1, CHD (Near Elante Mall)	All available Specialities	Manpreet Sharma 7528977408

PENSIONERS! VISIT RSCWS WEBSITE <https://rscws.com>

**FOR VITAL INFORMATION OF INTEREST TO THE PENSIONERS, COPIES OF RELATED ORDERS &
COMPENDIUM OF MEDICAL FACILITIES FOR RETIRED RAILWAY EMPLOYEES – A HAND BOOK**

<https://www.rscws.com/pdfdocs/Compendium-of-Medical-Facilities-for-Retired-Railway-Employees-RELHS-Guide.pdf>

FOR EXCERPTS FROM I. R. MEDICAL MANUAL & ALL ORDERS, INSTRUCTIONS & FORMS

**COPY OF OM NO.1(8)/2021-P&PW(H)-7468 Dtd 20-9- 2021 TO ALL PENSIONERS ASSOCIATIONS & OTHERS
REG. ADDITIONAL FACILITIES FOR SUBMISSION OF LIFE CERTIFICATE & RECORDING OF DLC**

Subject: - Submission of Annual Life Certificate

Every Central Government pensioner has to submit Annual Life Certificate in the month of November for further continuation of pension. It has been observed that a large number of Central Government pensioners physically visit bank branches for this purpose.

2. earlier as a measure to enable an additional exclusive window to very senior pensioners this Department, vide its OM No. 1/20/2018-P&PW(E), dated 18.07.2019, allowed the pensioners in the age group of 80 years and above, to submit Annual Life Certificate from 1st October onwards, instead of 1st November onwards, every year.

3. The different modes available to a pensioner for submission of Annual Life Certificate are once again summarized for Pensioners' awareness. An Annual Life Certificate can be submitted manually or digitally as per convenience of the pensioner – i. Life certificate can be recorded by Pension Disbursing Banks (PDAs), if the pensioner physically appears before the PDA.

ii. Personal appearance of a pensioner will not be required, if the pensioner submits the life certificate form signed by any 'designated official.' In accordance with para 14.3 of the Scheme Booklet issued by CPAO, a pensioner who produces a life certificate in the prescribed form signed by persons specified is exempted from personal appearance. A list of designated officials specified for signing the Life Certificate as per the scheme booklet of CPAO is attached at Annexure.

iii. Pensioners can submit Life Certificate online from home through Jeevan Pramaan Portal. The process of submission of Digital Life Certificate through "Jeevan Pramaan" may be seen at <https://youtu.be/nNMikTYqTF8>. UIDAI has provided details of all biometric devices which are permissible for capturing biometrics of a person. Pensioners may visit the www.uidai.gov.in to get information of all such devices.

iv. India Post Payments Bank (IPPB) of Department of Posts along with Meity have successfully launched the initiative of the Department of Pension & Pensioners' Welfare: "Doorstep Service for submission of Digital Life Certificate through Postman" in November 2020. In order to make this facility available across the country, DoPPW roped in the India Post Payments Bank (IPPB) to utilize its huge network of Postmen and Gramin Dak Sevaks in providing doorstep facility to pensioners for submission of life certificate digitally. IPPB is utilizing its national network of more than 1,36,000 access points in Post Offices and more than 1,89,000 Postmen & Gramin Dak Sevaks with smart phones and biometric devices to provide Doorstep Banking Services. For leveraging this facility through Mobile, a pensioner has to download "Postinfo APP" from Google Play store. The process of submission of Digital Life Certificate through Postman may be seen at <https://youtu.be/cERwMU7g54>.

v. DoPPW was also instrumental in roping in an Alliance comprising 12 Public Sector Banks which do "Doorstep Banking" for its customers in 100 major cities of the country under Ease of banking reforms. PSB Alliance has introduced the service for collection of Life Certificates under the umbrella of Doorstep Banking. DSB Agent shall visit the doorstep of Pensioner to render the service. Service can be booked by the pensioner through any of the 3 channels i.e. Mobile App, Website or Toll Free Number.

Mobile App i.e. "Doorstep Banking (DSB)" can be downloaded from Google Playstore

Pensioners can access through Web Browser i.e. [https:// doorstepbanks.com/](https://doorstepbanks.com/) & <https://dsb.imfast.co.in/doorstep/login>

Through Toll free Number:- 18001213721, 18001037188

4. All Pension Disbursing Authorities are requested to take note of thts OM for compliance and give wide publicity of the same amongst pensioners.

Annexure: List of persons specified for signing the Life Certificate {para 14.3 of Scheme Booklet CPAO}

i. A person exercising the powers of a Magistrate under the Criminal Procedure code;

ii. A Registrar or Sub-Registrar appointed under Indian Registration Act;

iii. A Gazetted officer of the Government;

iv. A Police Officer not below the rank of Sub-Inspector in-charge of a Police Station;

v. A Postmaster, a departmental Sub-postmaster or an Inspector of Post Offices;

vi. A Class-I officer of the Reserve Bank of India an officer (including Grade II officer) of the State Bank of India or its subsidiary;

vii. A Justice of Peace;

viii. A Block Development Officer, Munsif, Tehsildar or Naib Tehsildar;

ix. A Head of Village Panchayat, Gram Panchayat, Gaon Panchayat or an

x. Executive Committee of a Village;

xi. A Member of Parliament, of State legislatures or of legislatures of Union Territory Governments/Administration xii. Treasury Officer.

**COPY OF LETTER FROM SHRI SG MISHRA, SECRETARY STAFF SIDE JCM NATIONAL COUNCIL TO
SECRETARY DOP&PW FOR EXTENSION OF GAUHATI HIGH COURT JUDGEMENT TO CENTRAL
GOVERNMENT PENSIONERS REG. AGE FOR ADDITIONAL PENSION**

No.NC-JCM-2021/Pension August 26, 2021

Sub: Grant of enhanced Pension from the day when the Pensioners enters the age of 80 years i.e. the date after the pensioner complete 79 years.

Ref: Judgment of the Hon'ble Guwahati High Court in Case No.WP (C) 4224/ 2016 decided on 15/03/2018 and the order of Supreme Court in SLP (Civil) Diary No. 18133/2019 decided on 08/07/2019.

Sir,

Your kind and immediate attention is invited to the above subject. The Hon'ble High Court of Guwahati in its Judgment in the above mentioned Writ Petition dated 15/03/2018 has held that the additional quantum of Pension or Family Pension is available to a retired Judge in case of the first slab from the first day he enter his 80th year, i.e. to say the date after he completes 79 years of age. The Govt. filed an SLP in the Hon'ble Supreme court against the order of Gauhati High Court and the Hon'ble supreme Court dismissed the SLP filed by the Government on 08/07/2019. Therefore the Principle/Law has been established by the Court of Law with regard to the payment of enhanced Pension to the Pensioners/Family Pensioners.

In view of the above it is requested that the Department of Pension and pensioners Welfare may kindly issue necessary orders for payment of the enhanced rate of pension to the Pensioners/Family Pensioners after completion of 79 years i.e. starting from the beginning of 80th year as against the existing Rule/practice of completion of 80/85/90 years etc. Since the Judgment in rem, which has been upheld by the Hon'ble Supreme Court to avoid multiplicity of litigation necessary Govt. orders as requested may please be issued at the earliest. A copy of the Judgment of the Guwahati High Court and Supreme Court referred above is enclosed herewith for your kind ready reference.

**BRIEF ANALYSIS OF GAUHATI HIGH COURT JUDGEMENT FOR AGE RELATED
ADDITIONAL PENSION**

By Shri P. S. Bedi DIG BSF & Shri Harchandan Singh, SG RSCWS

1. The judgement of the Gauhati High Court, in case No WP(C) 4224/2016 is significant, wherein the court has ruled that the entitlement of additional pension from the age of 80 years needs to be given to the affected pensioners from the age they enter the 80th year of their life. The judgement has also received the approval of the Hon'ble Supreme Court of India, vide Special leave Petition(Civil) Diary No 18133/2019 (arising out of impounded final judgement and order dated 15-03-2018 in WPC No 4224/2016 passed by Gauhati High Court)

2 Although, the Gauhati High Court judgement pertains to the judges of the High Courts, who are covered by separate pension rules, it is by implication (in-Rep) applicable to all other categories of pensioners- civil, military, railways etc, as the provision of age related pension was inserted in the Rules governing the High Court judges, on the bases of orders issued by ministry of PPG&P.

3 The provision for grant of age related additional pension to the pensioners were first introduced in 2006, based on the recommendations of 6th Central Pay commission (CPC), and followed up in the 7th CPC. The relevant orders were issued vide PPG & P OM 38/37/08-P&PW(A) dated 01 Sept,2008 (Para 4.5), OM No 38/37/2016-P&PW(A) dated 12 May,2017 (Para 15), , and Ministry of Defence (Dept of Ex-servicemen welfare), New Delhi No 17(01)/2017/(02)/D(pension/ Policy) dated 5th Sept,2017 (Para 14). and the wording of the operative part of these orders is identical to the wording in the orders for the Judges in this regards and the same are reproduced below;

“The quantum of age-related pension/ family pension available to the old pensioners / family pensioners shall be as follows:-

Age of pensioner / family pensioner	Additional Quantum of pension
From 80 years to less than 85 years	20% of revised basic pension/ family pension
From 85 years to less than 90 years	30% of revised basic pension/ family pension
From 90 years to less than 95 years	40% of revised basic pension/ family pension
From 95 years to less than 100 years	50% of revised basic pension/ family pension
100 years or more	100% of revised basic pension/ family pension

4 The Hon'ble GHC, considered the connotation, and meaning of the word 'From' of the provision for the grant of additional age-related pension to the pensioners/family pensioners. After consulting some well known dictionaries, and earlier judgements, it concluded that the word 'from' indicates the ' starting point' of a particular event. Based on this contention, it ruled that the additional pension should commence at the start of the year when the incumbent pensioners enter the age of 80 years, which means that a pensioner should be granted additional quantum of pension on the first day of his 80th year.

5. The above judgement ipso-facto and 'In-Rem' applicable to the Central Government Pensioners also, and they should also be given additional Pension from the date of entering 80th year of their age, i.e. on a day after completion of 79 years of age. Same principle should be applied to those entering the age of 85, 90, 95 & 100 years.

6. While we await the decision of the Government on the said judgement of Guahati High Court, which relates only to the Judges, it may require effective persuasion by the Pensioners Associations and JCM Staff Side to get the same extended to the Central Government Pensioners.

Copy of Memorandum No. RSCWS/HO/CHD/Memo-UMID/2021-13 Dated: 28-9-2021 from RSCWS to Divisional Railway Manager, Northern Railway, Ambala Division, Ambala Cantt.

Dear Sir,

Sub: 1. UMID Card Camp, 2021 – Special Drive for registration & issue of UMID Card for Railway employees & Pensioners/Family Pensioners.

2. Special Drive for collection of PPO related grievances from Pensioners/Family Pensioners.

Reference: GM(P), Northern Railway, New Delhi's Letter No. 220-E/UMID/Smart Card/Medical/2021 dated:17-8-2021 to all DRMs & others.

1. Under reference above, a ONE DAY Camp for Registration of UMID Cards was held at Chandigarh Railway Station on 7-9-2021 for registration & issue of UMID Cards to all left out Pensioners and Family Pensioners and to launch special drive for collection of PPO related grievances.

2. However, only one day's Camp was not sufficient for the purpose as only a fraction of the left out Pensioners & Family Pensioners could get the Registration done and thankfully their UMID Cards are also understood to have since been issued by your office. But nearly 60 to 65% Pensioners are still left out for registration for UMID cards due to lack of computer literacy. They are facing difficulties in getting treatment in emergency in the empanelled hospitals in the absence of UMID Cards since it is to be treated as proof of identity in terms of Board's Letters dated 28-12-2020 & 16-6-2021.

3. Some of the Pensioners & Family Pensioners have yet to receive their Revised PPOs after 7th CPC and many of them who had received the revised PPOs, find a number of deficiencies therein.

4. It is therefore, requested as under:

a) More special Camps be held for registration & issue of UMID Cards & to deal with PPO related grievances at Chandigarh Sector 17, Reservation Office, (for those residing in Chandigarh), at Mohali Railway Station (for residents of Mohali, Kharar & Kurali etc.) & at Chandigarh Railway Station (for those residing in Panchkula, Zirakpur and surrounding areas).

b) WLI Chandigarh / Station Superintendent Chandigarh be asked to get the Registration of UMID Cards done through their Office, for the left out Pensioners & Family Pensioners.

c) To allow Pensioners / Family Pensioners to send copies of the requisite Documents for Registration & issue of UMID Cards & PPO related grievances by e-mail, Registered Post or Speed Post to your Office

d) It is also requested that the copies of the Notifications issued in this regards may be sent to RSCWS (at the above cited addresses) for information and wide circulation amongst the Pensioners & Family Pensioners through our website www.rscws.com and Social Media Groups on the WhatsApp.

Shri Ruchir Mittal <ruchirmittal.cgda@nic.in>

MEMORANDUM TO DOP&PW REGARDING PROBLEMS OF RECORDING DLC

Dear Sir,

Subject: Submission of Life Certificate through Pensioners Associations:

i) Allowing 70 years & above Pensioners & Family Pensioners to submit Life Certificate from 1st October.

ii) Extending the period for all Pensioners/Family Pensioners upto December.

iii) Replacement of 3G DLC Iris enabled devices with 4G Iris enabled (updated) devices to the Identified Pensioners Associations,

Reference i) Your office Memorandum F.No.55/29/2018-P&PW(C) dated: 11th October, 2018

ii) Your office Memorandum F No.55/16/2019-P&PW(C)-6067-(i) dated 23-9-2019.

1. a) Identified Pensioners Associations were provided, by the DOP&PW, with 3G Iris enabled devices for registering the Digital Life Certificates (DLC) of old age Pensioners & Family Pensioners, to save them from the botheration of going to the PDA (Pension Disbursing) Bank to submit their Life Certificate every year.

b) Pensioners & Family Pensioners of 80 years & above were allowed to submit their Life Certificate from 1st October valid upto 30th November of the subsequent year.

2. This had greatly helped the old age Pensioners, Family Pensioners from the hassles of going to the PDA Bank every year for the purpose.
3. Number of Pensioners & Family Pensioners have increased. PDA Banks become over crowded especially in November with many of the Pensioners & Family Pensioners rushing to the PDA Bank to submit the Life Certificate or calling upon the Identified Pensioners Associations' representatives to visit them to record their DLC. Consequently, DLC system becomes chocked especially during the first half of November every year, resulting in excessive delay or non-receipt of message of confirmation from the PDA Banks regarding registration of DLC.
4. Both the biometric Galaxy Iris Tabs have become less effective as these are of 3 G as most of the main service providers (like JIO, Airtel & Vodaphone) have changed over to 4G and do not provide the recharge for the 3-G Tabs. The smaller service providers which recharge the 3-G gave very weak signals, due to which many of the DLCs do not get registered with the PDA Banks even though the registration is indicated on the Iris enabled Tabs/devices.
5. One of the Iris Tabs provided to RSCWS is just not working any more and could not be repaired. It needs to be replaced .Even the Tab which is working, also results in failures at times due to shortcomings of 3G system .
6. Pensioners & Family Pensioners, whose Pension gets stopped due to the above said system error, face hardship to get their Pensions restored by personally visiting the PDA Banks, resulting in double jeopardy.
7. It is therefore requested that:
 - i) To allow 70 years & above Pensioners & Family Pensioners to submit Life Certificate / to Register DLC from 1st October
 - ii) To allow all Pensioners & Family Pensioners to submit the Life Certificate up to December every year - to avoid chocking of system & excessive rush in PDA Banks in November.
 - iii) To replace 3-G Iris DLC devices, provided by the DOP&PW to the Pensioners Associations, with updated 4G Iris DLC devices
 - iv) NIC & all the PDA Banks be advised to upgrade the system to make it fool proof and to provide instant confirmation of Registration of DLC with the PDA Banks to the Pensioners / Family Pensioners..

MINUTES OF VGBM RSCWS HELD ON 11 & 12-8-2021 TO COMMEMORATE THE 30TH FOUNDATION DAY OF RSCWS

Shri TS Kalra presided over the Meeting. -60 Members of EC participated.

1. Shri Harchandan Singh welcomed the members and congratulated them all on the 30th Foundation Day of RSCWS. He requested Smt Rama Dogra, Smt Amita Singh & Sh. HS Sachdeva to start the meeting with a cultural programme to commemorate the Foundation Day of the Society, to be followed by the address by the President Sh TS Kalra.

2. Smt. Rama Dogra sang a Bhajan "Shiv Nam simar din rat; Hari Nam simar din Rat". Smt Amita Singh sang a Shabad from Gurbani "Meharwan, Sahib mera Meharwan". Shri HS Sachdeva presented a poem on achievements & struggle of RSCWS for the welfare of Pensioners over the last 30 years. Shri TS Kalra & other members appreciated all the 3 items.

3. Opening address by the President Shri TS Kalra:

"What a beautiful, spiritual beginning to our organisation's thirtieth anniversary celebrations! Thank you M'am Rama Dogra and Smt Amita Singh for your divine renderings in your melodious voices. Hope every body is spell bound with your Bhajan and Shabad. Thank you Sachdeva ji, for your all encompassing, inspiring poem.

"Today is the 30th anniversary of establishing of our RSCWS. In 1991, on this day, our society was registered. So, many many congratulations to you all on its anniversary. During these 30 years, your society has made a lot of progress and now, in addition to the Tricity, our membership has got extended to Railway set-ups in other cities of the country. The activities and achievements of RSCWS have been listed out and included in the agenda of this meeting; you would have gone through it.

On Medical and Health care fronts, we had to put in a lot of struggle and I am happy to share with you that we have achieved enough of success. Now you'll not have to go to Ambala time & again, as earlier and most of your medical/health care needs will be taken care of through ADMO, HU/CDG. And in emergency cases,

referrals will be got done by the empanelled hospital, directly interacting with CMS/UMB, through e-mails. Further, a few days earlier, the working in HU/CDG has been computerized. You'll have to keep UMID card or RELHS card alongwith your PPO number, to get treatment at the HU.

In addition, we have prepared new Medical Prescription Books and kept sufficient copies in the HU; these will carry the required details of the pensioner and his dependents. A number of pensioners have already got these Med Books issued. However in due course, UMID cards will be required, for the preparation of which we are trying, with Ambala division, to arrange special camps at CDG.

We are also putting pressure for the upgradation of CDG HU, with its lock up dispensary branches at Mohali station and at sector 17 reservation office at Chandigarh.

As of now, only 5 private hospitals and 2 diagnostic centres in the Tricity, are empanelled with Railways. We are putting in efforts to get more of these empanelled with railways. Further more we have approached Rly Board to take up with DG/CGHS to allow bona fide Railway employees & pensioners to avail of medical facilities at all non - railway empanelled hospitals also, at CGHS rates.

Next, we have asked Ambala division to earmark doctors, supervisors and some other officials as Nodal officers/officials to attend to pensioners' enquiries & grievances on phone or through e-mails.

You would perhaps be already knowing that for chronic cases, medicines for 3 months at a time can be obtained from HU/CDG. We had been working for this cause for quite some time earlier.

Your society's commitment for social causes continues. Some time back we donated Rs 10,000/- to Pingalwarha society, Chandigarh. Last year we had contributed Rs one lakh to PM's Covid Care fund.

Your society's quarterly Pensioners' Rail Sampark is being published regularly. I'll once again request you all to contribute articles, anecdotes to this journal to make it more inclusive and interesting.

We have enough of work items at hand. Some of our existing EC members are quite active. I would desire that more of our society members should volunteer themselves to be enrolled on our different sub-committees and take up these tasks.

The existing EC team has been putting in concerted efforts for furtherance of our causes. Side by side it would be desirable that a new back up team also gets constituted so that at appropriate team, the younger team may smoothly take over from the senior team.

In today's meeting agenda, you would have noticed that some clauses of the Constitution of our society have been proposed to be amended, as earlier agreed upon through EC meetings. These need GB's approval.

As always, I may again remind you all to pay your annual subscription fees which can be done on line; the bank account numbers and IFSC codes are given on our quarterly journal PRS.

Once again Congratulations to all on our Society's foundation day. Be Happy, Healthy and keep up Positive attitude; the overall conditions around us are gradually improving.”

4. Address by Secretary General, Sh. Harchandan Singh: SG welcomed all the participants and highlighted the achievements of the Society during the last 30 years, including opening of the “Lock-up Dispensary in 1996-97 followed by upgrading thereof to a Health Unit in 2014-15 in a new building and posting of a full time Doctor in 2020-21. Some of the major hurdles have been got resolved by RSCWS in the recent past regarding health care facilities:

i) Procedure for Cashless treatment in emergency has been streamlined by the Railway Board vide their letters dated 28-12-2020 & 16-6-2021 and now the empanelled Hospital will directly take the approval of CMS on phone or Email for treatment in emergency instead of a relative or spouse of the patient going to Ambala repeatedly for getting his approval for it or for extension thereof. ii) CMS Ambala had agreed to continue to allow the old RELHS Medical Cards for treatment in Health Unit Chandigarh till UMID Cards are issued to all, provided PPO No. of the Pensioner is available with RELHS Card holder. iii) CMS has asked the ADMO CDG to implement the orders of RB for issue of medicines for 3 months for Chronic diseases. iv) ADMO CDG has been authorized by the CMS UMB to refer patients to empanelled hospital after taking his approval on phone.

SG asked the members to strengthen the RSCWS further to meet with the challenges before the Pensioners regarding health care & other issues.

SG explained that the main points on the Agenda before the VGBM related to the approval of the Constitutional Amendments, which had since been thoroughly considered by the Core Committee & Executive Committee. Members therefore, were requested to consider and give their consent to the various items on the Agenda

5. All the members appreciated the efforts & achievements made by RSCWS during the last 30 years for the welfare of the Pensioners both local and National levels.

6. AMENDMENTS OF CLAUSES OF THE CONSTITUTION OF RSCWS

General Body RSCWS (Railway Senior Citizens Welfare Society), approved the following Amended Clauses of the Constitution of RSCWS and resolved as under.

1 DATE OF EFFECT: The following amended Clauses in the Constitution of RSCWS shall be effective from 1st October, 2021.

2. AMENDED CLAUSE V:**V) SUBSCRIPTION**

a) i) The subscription for the Members of the Society residing in Chandigarh, Mohali, Panchkula, Zirakpur or their out-skirts shall be Rs.400 per annum.

a) ii) The subscription for those residing outside Chandigarh, Mohali, Panchkula, Zirakpur or their out-skirts, shall be Rs.150 per annum for a Member or Associate Member of the Society, including those who are from Department other than the Railways. “

a) iii) Branches of the Society shall pay Rs.150 per member per annum as Central Quota of Subscription to the Central Executive Committee.

b) Subscription may be re-fixed according to the requirements so warranted with the approval of the General Body.

c) Life membership of the Society will be Rs. 3500/- for Life Members & Rs.1500/- for Out station Life Members & Associate Life Members.

d) Special contribution may be raised to meet the special programme(s) expenses, if any.

e) Donations from members or non-members would be welcome to pursue the objectives of the Society

f) Subscription paid shall relate to Financial year.

g) Members, on attaining the age of 85 years, shall be considered as Honorary Members of the Society. They will be exempt from paying further annual subscription provided they have been Members of the Society for at least 3 years. However they may voluntarily donate to Social Welfare Fund & similar other Funds of the Society.

3. AMENDED CLAUSE VI)**VI) TERMINATION OF MEMBERSHIP**

The membership of a member shall cease:-

a) i) On Resignation from the membership of Society & approval thereof by the President.

a) ii) On Demise of a Member except in case his / her spouse is alive, the Membership will be transferred in the name of the spouse.

b) If his / her subscription is in arrear for more than 3 years even after notice & reminder, except those who intimate that they are sick & bed ridden.

c) Membership can be terminated if any member is working against the interest of the Society or his conduct is doubtful or one is involved in any criminal case - subject to the approval of the Executive Committee

7. VGBM approved the following plan of action for health care:

a) To request DRM UMB to depute WLI CDG & his staff to upload Data of Pensioners on UMID Portal & help them to get the UMID Cards issued OR to arrange Camps in CDG for the same.

b) To follow up with the Railway Board regarding validity of RELHS Card till UMID Card is issued ; and to Direct all Railways to hold Camps to upload the Data and issue UMID Cards to all Pensioners.

c) To urge Railway Board & NR for upgrading of Health Unit Chandigarh to a Sub-Divisional Hospital in view of growing strength of Railway Beneficiaries due to increase in number of originating & passing trains and conversion of Chandigarh as world class station

d) Getting Empanelment by the Railways of more private hospitals which are already empanelled under CGHS

8, VGBM decided to hold Annual General Body Meeting (AGM) & Bi-annual Elections of RSCWS in October or November, 2021, if permitted by the UT Administration.

9) Concluding address of Shri TS Kalra:

Thirtieth anniversary of our Society's foundation day very well celebrated, virtually, with exchange of heartiest greetings by one and all. Everybody has lauded the efforts & achievements of RSCWS with special words of appreciation for our 'energetic' SG Shri Harchandan Singh, by working president sh K P Singh, Ma'm Amita Singh, Sh D S Nigah and others. And best of all, there has been unanimous agreement on all the agenda items. Thank you all for your enthusiastic participation in large numbers. Hope to meet soon, in person, in the next GBM. Till then Good Luck and Best of Wishes.

10. Message from Sh G.S.Sethi, Chairman RSCWS.

I congratulate all our members on the 30th Foundation Day of RSCWS.

I request all the members to continue to strengthen the Society further so that it can resolve the problems of the pensioners & further improve upon the facilities provided to them.

May God bless you all with best of health & spirits.

11) Vote of thanks by the SG Sh. Harchandan Singh:

“Respected Chairman, the President & all the Members of RSCWS, I thank you all for actively participating in this meeting and graciously appreciating the achievements of the Society and our efforts for the same. I am also overwhelmed by the sentiments of all of you on the occasion of the 30th Foundation Day of the Society and I am confident that with the active participation and cooperation of all of you, we shall be able to march forward to achieve the greater heights for the welfare of the Pensioners. I thank you all for approving all the proposals of the Executive Committee especially with regard to the Amendments in the Constitution.

I highly appreciate and thank Sh HS Sachdeva for his poem on history & achievements of RSCWS. I also thank Smt Rama Dogra & Smt Amita Singh for their melodious presentation of the Bhajan and Shabad Gurbani on this occasion.

Hope we shall soon have physical Meetings of EC & GB if the circumstances so permit.

At the end I sincerely thank Sh. TS Kalra & Sh. KP Singh and other members of the Executive Committee for their continuous support and guidance. I wish you all a long, happy & healthy life. Long live RSCWS.

MEMORANDUM NO. RSCWS/HO/CHD/P/MEMO-MEDICAL/2021-9 DATED: 2-8-2021 TO THE CHAIRMAN & CEO , RAILWAY BOARD, FROM THE PRESIDENT RSCWS

Subject: OPD/IPD Treatment and Diagnostic tests, in all CGHS empanelled private hospitals and Diagnostic centres.

Ref: a) This office letter No. RSCWS/HO/CHD/P/Memo-Medical/01/2021-1 dated 12th Jan, 2021, addressed to DG(RHS) , Railway Board and copies to others; copy enclosed for ready reference.

b) Railway Board's Letter No. 2018/TransCell/Health/ CGHS(eoff. No. 3270783) Dated 28/12/2020 , Para 9).

Vide letter at reference (a) above, a case was made out for railway bona fide medical beneficiaries to get OPD, IPD treatment and diagnostic lab tests done, *at their own cost*, at CGHS rates at all CGHS/ECHS empanelled private hospitals and diagnostic centres, without any referral from Railways, even at those which are not empanelled with Railways.

This is desirable because out of all the CGHS/ECHS empanelments , only a few of these are empanelled with railway divisions and other units. For example in the Tri city of Chandigarh and Mohali & Panchkula districts, there are 28 hospitals and 08 diagnostic centres empanelled with CGHS, whereas Railways(Ambala Divn) has empanelled only 05 & 02 numbers respectively. This deprives the railway beneficiaries from availing treatment/consultation from specialists/super specialists of their choice at subsidised(CGHS) rates and also in getting treatment from hospitals nearest to their residences.

Other details/ justification are given in our Jan, 21 letter under reference.

In that respect we find that other central and state government beneficiaries are better placed than railway beneficiaries, because the former have wider choices for medical consultation/treatment.

It is reminded and requested once again that , in consultation with through DG/CGHS & ECHS, instructions should be got issued to all CGHS/ECHS empanelled hospitals & diagnostic centres to entertain all bona fide central government, including railways, medical beneficiaries, at CGHS rates for OPD, IPD treatments and diagnostic tests .

IMPORTANT MESSAGE REGARDING UMID CARD

Pensioners & Family Pensioners (RELHS Optees), who have not been able to get their UMID (Unique Medical Identity) Cards made, are advised to get the same issued on priority basis to avoid inconvenience in getting medical treatment from the Railway & empanelled private Hospitals.

They are advised to contact any of the following Cyber Cafes along with documents enlisted below as well as their photo & that of their dependents including their Spouse, to get their Data uploaded on the UMID Portal of the Railways.

Data will be approved & verified by the Railways in about 1 or 2 weeks time and the UMID Card will be issued by the Railways if the Data is found to be correct. Omission, if any will be advised on Pensioners' Mobile and the same may be got corrected by the Pensioner or through the Cyber Café and resent.

Charges for uploading the Data shall be Rs.100 and Rs.50 for the Print out of the card.

Addresses of Cyber Cafes for UMID Card:

1. Saval Computers, Gupta Market (Rama Market), Manimajra. (Phone: 0172 5070433 }
2. Pankaj Bhardwaj, Bhardwaj Cyber Café, Booth No. 90, Mini Market, Pase 10, Mohali (Mob. No. 9815589234)

List of original documents required for Pensioners/Family Pensioners : (along with 01 photocopy each) :-

1. 14 digit PPO no. as per 7th CPC
2. Latest Bank Pension Slip (July, 2021) issued by Pension Disbursing Bank
3. RELHS Medical Card
4. Identity / Resident Proof : Aadhar Card, PAN card, Office ID Card. Passport.
Driving Licence (Self as well as all eligible dependent family members_
5. Coloured passport size 01 photograph (Self & All eligible family members.)
6. Date of Birth Proof Document (Self & All eligible family members)- IF DOB mentioned in Identity / Residence proof, then no need for all eligible dependent family members.
7. Signature of Pensioner/Family Pensioner.

In case any further help or guidance is required, following persons may be contacted:

1. Sh. RK Datta (Mob: 9417502030),
2. 2. Sh. Tarsem Lal (Mob: 8284869827),
1. Welfare Inspector, Chandigarh (Mob: 9729539640)

Welfare Section, DRM Office, NR, Ambala Cantt.

MEMBERS OF RSCWS PLEASE PAY YOUR SUBSCRIPTION @ RS.400/- PA OR LIFE MEMBERSHIP RS.3500

DONATIONS & SUBSCRIPTIONS MAY BE deposited in the Bank account of RSCWS in favour of

“Railway Senior Citizens Welfare Society” in Punjab & Sind Bank, Sector 7, Chandigarh,

SB Account No. 08561000100242, IFSC Code PSIB 0000856 OR

MAY BE PAID TO SH. C.P. SINGH. TREASURER RSCWS, 351, SAVITRI TOWER S 1, VIP ROAD, ZIRAKPUR (PB)-140603

OR SH. C.P. SINGH. TREASURER RSCWS, ACCOUNTANT, GURDWARA, SECTOR 8 D, CHANDIGARH

(PHONE NO. OF SH C P SINGH 9888054477)

NOTE: MEMBERS WHO SEND THEIR SUBSCRIPTION THROUGH BANK ACCOUNT, ARE REQUESTED TO FOLLOW IT UP WITH A LETTER TO THE TREASURER (WITH THEIR FULL NAME, POSTAL ADDRESS & MOBILE NO. ETC.).

IN CASE OF NEW MEMBERS, MEMBERSHIP FORM & 2 STAMP SIZE PHOTOS EACH OF SELF & SPOUSE MAY BE SENT TO HIM TO ENABLE HIM TO SEND THE RECEIPT & MEMBERSHIP CARD OF RSCWS.

PRESIDENT & SECRETARY GENERAL, RSCWS

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As I march beyond 60 and grow old & older.....

“ I WILL ...”

Recognize my limitations- both physical & mental.

Try keeping my spirits high to remain young at heart.

Try to adjust & adapt to changed circumstances.

Accept modestly what I can't change.

Try to cultivate positive attitude-through highs & lows of life.

Learn to let go off past regrets.

Control my expectations from my near & dear ones & society.

Put myself in other person's shoes; criticize less & appreciate more.

Try to control my anger and imbibe a cool temper.

Exercise moderation in my speech

Learn to relax by balancing rest & activity.

Find occasions to smile & laugh.

Try getting released of too much worldly desires & battachments.

Take religious rituals at ease and strive more for Spirituality.

Get closer to Nature- its flora & fauna, the skies, stars, rivers, lakes.

Try to remain Humble, Happy & Honest to myself.

Keep faith in the goodness of all.

'Happiness-cum-Contentment is the mother of a strong immune system, and

Truthful living is true religion'....I'll keep striving for both.

“WE ALL WILL”

by TS Kalra, President/RSCWS

PRS: July-September,2021

BOOK POST

If undelivered, please return to:
Railway Senior Citizens Welfare Society,
32, Phase 6, Mohali (Chandigarh)-160055.
09316131598, 08360452584)
